School Commitment:

Hampton Senior High School adopts a whole school proactive approach to address the issue of bullying. Everyone has the right to feel safe at school at all times, where every child matters, every day.

Every member of the school community is responsible for promoting a safe environment. The school will respond to all identified incidents of bullying.

What is Bullying?

Bullying is any behaviour that intentionally hurts, threatens or embarrasses someone.

• Bullying is repetitive in nature rather than a one off event.
• Bullying involves an imbalance/misuse of power

Bullying might include but is not limited to:

Verbal - name calling, put downs, racial/sexual/sextist comments, threats, extortion.
Physical - hitting, spitting, kicking, pushing, stealing, throwing, damaging property.
Emotional - stalking, dirty looks, nasty notes, sexual harassment, graffiti, e-mails, SMS messages, spreading rumours and cyber bullying on social media (Facebook).
Social - isolating, ignoring and hiding.

Whole School Policy:

Hampton Senior High School’s Bullying Prevention Plan encompasses:

• Zero tolerance towards bullying
• A proactive whole school approach towards bullying and social-emotional development
• An informational Bullying Information Brochure for parents and students
• Student Services Manager to coordinate professional development for staff
• Integrated themes and strategies in the curriculum across all learning areas, Years 8 to 12
• Anti-Bullying and social-emotional learning is integrated into the year 7/8 curriculum across all learning areas
• A formalised system for reporting and investigating all documented bullying incidents
• The Shared Concern approach will be used to deal with the reported incidents of bullying
• Ongoing bullying will be addressed through the Behaviour Management in Schools (BMIS) Policy
• Parents/guardians of victims and bullies will be notified
• A record of all reported bullying incidents and the actions taken will be documented
Hampton Senior High School’s Bullying Prevention Plan complies with the School Education Act 1999 and School Education Regulations 2000 and other associated government policies (ie Equal Opportunity and Diversity Policy, Student / Staff and Sex Based Harassment Policy and Guidelines, Anti – Racism Policy).

**Students should:**

- Follow the code of conduct (being Considerate, Cooperative and Courteous)
- Respect the rights of all students to feel safe within the school community
- Be role models to other students, in particular student counsellors and senior students
- Try to resolve the problem:
  - Make an assertive response (“I” statements)
  - Say things like “NO”, “STOP IT I DON’T LIKE IT”, “LEAVE ME ALONE” or “GO AWAY”
  - Walk away and ignore it
  - Don’t retaliate by becoming physical, verbal or involving other students as this may escalate the situation
  - Ask your peers/friends/mentors for support
- Report incidents of bullying to any staff member (e.g. Year Coordinator or Class Teacher)
- Complete a *Student Services Referral Form* and place in the orange box in Student Services
- Speak to other students for support. Do not keep this to yourself
- Students who witness a bullying incident should offer the victimised student support by:
  - Intervening verbally eg ‘leave them alone’
  - Not ignoring it
  - Supporting them to talk to a staff member
  - Reporting the incident immediately to a staff member
  - Helping the victim to complete a *Student Services Referral Form* and if appropriate complete one on their behalf
- Get support. See Student Services Team (Youth Worker, Year Coordinator, Student Services Manager)

**Teachers will:**

- Play a critical role in promoting and supporting the Bullying Prevention Plan by responding to bullying incidents in the classroom and on school grounds of Hampton Senior High School
- Creating a culture of “It’s okay to tell” by encouraging students to speak out for themselves or on behalf of the other students.
- Adopt positive behaviour management strategies in the classroom (eg seating plan, rewarding positive student behaviour, establishing and consistently adhering to classroom rules)
- Parental contact, if appropriate
- Talk with the students to resolve all reports of bullying
- If the situation is unresolved encourage students to complete a *Student Services Referral Form* and ensure it is placed in the box in Student Services
- Complete a report on SIS and inform Year Coordinator and Student Services Manager via email
- Closely monitor student interactions at recess and in class. They will report concerns to the Student Services Team and speak to all parties involved in the first instance
Non-Teaching Staff will:

• All non-teaching staff play a critical role in promoting and supporting the Bullying Prevention Plan at Hampton Senior High School
• All non-teaching staff are responsible for reporting bullying incidents in the school environment by:
  - Talking with the student/s (eg ‘your behaviour is unacceptable’)
  - Discussing situation with Student Services, Staff or a member of the Student Services Team
  - Complete a Student Services Referral and place it in the orange box in Student Services

Student Services Team will:

• Review Student Services Referrals daily by the appropriate Year Coordinator
• Interview the student(s) to try to resolve the problem:
  - Adopt the Shared Concern approach
  - Individually discuss the problem with the students involved
  - Provide ongoing monitoring and support
  - Encourage the student to seek assistance if bullying reoccurs
  - Contact the parents of all parties involved
• Document all contacts on the student record on SIS
• Individually counsel all parties
• Provide ongoing monitoring and support
• Document all contacts on the student record
• Referrals to support services or external agencies where appropriate

Student Services Manager will:

• Implement the severity clause of the BMIS Policy for severe or ongoing bullying
• Conduct return from suspension interviews
• Refer students to specialist staff
• Liaise with the Student Services Team
• Induct new staff on the Bullying Prevention Plan
• Give regular reminders of the plan to students during year assemblies
• Provide regular forums for students to discuss bullying in an open forum through the year

Parent/Guardian should:

• Work in partnership with the school to promote a safe and caring environment
• Be familiar with the possible signs of bullying
• Listen to your child to identify the problem
• Use problem solving strategies to deal with the problem
• Contact the Student Services Team at Hampton Senior High School as soon as possible to discuss an incident or concerns
• Monitor all social media; this includes Facebook, Snapchat and Instagram. The vast majority of student conflict originates out of school from the internet. It is recommended that you befriend your child on social media and randomly check their activity
**Signs: How to recognise a student may be being bullied**

Knowing whether your child is being bullied can sometimes be hard to work out. Some common indicators are:

- Unexplained cuts, scratches, bruising, torn clothing
- Unexplained crying, moodiness, anxiety or angry outbursts
- Not wanting to go to school due to not feeling well
- Less social contact with friends
- Getting into lots of disagreements with you or their siblings
- Unexplained 'missing' personal property
- Reduction in the quality of their schoolwork.
- Complaints of headaches and stomach aches
- When monitoring social media, student has deleted all of their private messages. In this instance they may be a victim or the instigator.

**Resources & Further Information**

How parents can help: Online resources


www.cybersmart.gov.au

http://au.reachout.com

http://www.safeschoolshub.edu.au/for-students

Helplines & Agencies:

If you are concerned about your child’s social emotional well-being, the following resources may be helpful:

- Kids Helpline 1800 55 1800 www.kidshelp.com.au
- Lifeline 131 114
- Access your local GP who may refer you to specialist services
- Headspace www.headspace.org.au
- Youth Focus 6266 4333 www.youthfocus.com.au
- Parenting WA Line 6279 1200 or 1800 654 432.