



**HAMPTON**  
Senior High School

An Independent Public School  
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ASPIRE | INNOVATE | ACHIEVE

Dear Families,

As part of Hampton Senior High School's dedication to promoting student mental health and social/emotional wellbeing, your child may have accessed support from the Student Service Team over the course of this term. As you will be aware, the school will be closed for the upcoming school holiday break, commencing on Monday September 26, 2022 Students will return on Monday October 10, 2022.

If you have concerns about your child social emotional well-being over the school holidays, please consider the following support options:

- In an **EMERGENCY** call 000 and/or take your child to **Perth Children's Hospital** or the **Emergency Department** at your local hospital.
- **Book an appointment with your GP** – Your GP can provide support, information and assist with referrals to other services through a Mental Health Treatment Plan.
- Contact **CAMHS Crisis Connect 1800 048 636** for 24/7 emergency mental health assessment and advice

**The following agencies may also be of assistance:**

- **Child and Adolescent Mental Health Service (9250 5777)** (CAMHS) services from 0 - 18 years.
- **Youth Focus (6266 4333)** free counselling services to young people aged 12 – 25 years
- **Headspace (Midland: 9274 8860 / Osbourne Park: 9208 9555)** provides mental health support and information for people aged 12 – 25 years
- **Reconnect** provides support through individual and/or family counselling, mediation, information and advocacy. **Mercy Reconnect** (Morley and Southern Suburbs **1800 800 046**) **Parkerville Reconnect** (City of Swan and Town of Bassendean Area **9274 8440**)

**Useful telephone numbers**

<b>Lifeline</b>	13 11 14	<b>Family Helpline</b>	9223 1100 or 1800 643 000
<b>Crisis Care</b>	9223 1111	<b>Mental Health Emergency Response Line</b>	1300 555 788
<b>Kids Helpline</b>	1800 55 1800	<b>E-Headspace</b>	1800 650 890

We wish all our families a safe and restful holiday break.

Yours sincerely,

Glendah Migro  
Student Services Manager 7-8

Zoe Flint  
Student Services Manager 9-10

Cary Wong  
Student Services Manager 11-12

September 19, 2022

Gifted & Talented Dance Program

SPECIALIST PROGRAMS | Performing Arts | Cheer Dance | Information & Communication Technology  
ENRICHMENT PROGRAMS | Applied Science | Athletics Academy | Governor's School STEM Award Runners Up 2020